



Summer Sizzlers

Just LOOK at these great Summer offers in our Spa!

Treatment	½ hour	1 hour
Aromatherapy Massage – using pre-blended essential oils	£20	£40
Holistic Massage – techniques tailored to your specific needs	£20	£40
Reflexology – applying pressure to points on the feet to rebalance	£20	£40
Pamper Facial – cleanse/tone/massage/moisturise	£20	£40
Luxury Manicure – shape, cuticle care, massage and polish applied	N/A	£25
Luxury Pedicure - shape, cuticle care, massage and polish applied	N/A	£30
Specialist Facial - includes neck/shoulder massage	£30	N/A
Holistic Facial - includes neck & shoulder massage	N/A	£45



For further info and to book, please contact Catherine,

on **015395 32183** or **07957861408**

email: hello@therelaxationroom.co.uk

<http://www.therelaxationroom.co.uk/special-offers/>

Offer available 10am to 4pm, Mon to Thurs inc to end September 2017





Spa Days at the Grange Hotel



Classic Package

Day Guest £49.50

Resident £42.50

- use of the Spa facilities,
- robe & towel hire,
- traditional Afternoon Tea
- 1 x 30-minute treatment

(choose from... Holistic Massage – Reflexology – Mini Facial)



Sparkling Package

Day Guest £72.50

Resident £65.50

- use of the Spa facilities
- robe & towel hire
- traditional Afternoon Tea
- a glass of sparkling Prosecco
- 1 x 60-minute treatment

(choose from...Extended Back Massage – Extended Reflexology – Holistic Facial)



For further info and to book, please see contact details overleaf