

SPRING OFFERS - EAST MEETS WEST

Our senior therapist, Catherine, has recently returned from the trip of a lifetime to Rajasthan in India, and has returned with a wealth of new therapy techniques and insightful Eastern knowledge.

To share these with you, she is offering some fabulous deals in April & May

To book your experience please call Catherine on

015395 32183

Or

07957 861408

Indian Head Massage

Starting with relaxing manipulation of the neck & shoulders, this treatment then moves on to therapeutic massage of the scalp & face to induce an unsurpassed feeling of well-being

30 minute taster - £20

1 hour full relaxation - £35

Body Massage with Essential Oils

The ultimate in meditative chill-out bliss using massage to release tension from the body and relax the mind

1 hour - £40

1.5 hours - £60

2 hours - £75

